Return to Practice Guidelines

All Sports:

* Groups must be limited to 10 people or less per court/field (including coaches).
* No games or scrimmages are allowed at this time.
* All players and coaches and parents must keep a minimum of 6ft between each other at all times.
* Each player must bring their own water bottle; there must be no sharing of water bottles or water coolers.
* All parents should stay in their cars during practice.

Basketball Specific:

* Each player should use his/her own ball, if a ball is to be shared, it should be sanitized after each player’s use.
* The number of players using each basket at any one time should be limited to 4 or fewer.

Baseball/Softball Specific:

* Balls Should be regularly sanitized
* Each player should use his/her own bat and helmet, if a bat or helmet is to be shared, it should be cleaned after each player’s use.

Soccer Specific:

* Any ball, if picked up by a player, should be sanitized before being put back into play.

Volleyball Specific:

* Any ball handled by a player should be sanitized before being handled by another player.